

First Base

Frequently Asked Questions

1. [I am under 18 years old can I receive services at your clinic without my parents consent?](#)
2. [Do I need an appointment?](#)
3. [How much will it cost me to receive services?](#)
4. [Will you take my health insurance?](#)
5. [How can I pay for my bill?](#)
6. [Do I need to be a legal U.S. resident to receive services?](#)
7. [What do I need to bring to my appointment?](#)
8. [I missed my birth control pill yesterday, what should I do?](#)
9. [Can I get pregnant if I have unprotected intercourse while I am on my sugar pills?](#)
10. [What is emergency contraception?](#)
11. [Can I get my birth control pills at the Health Department and my exam from my regular doctor?](#)
12. [I had unprotected intercourse 4 days after I was treated for Chlamydia. Is it possible my partner was infected?](#)
13. [I am having abnormal discharge. What should I do?](#)

Q: I am under 18 years old can I receive services at your clinic without my parents consent?

A: Yes, under Title X guidelines, we provide confidential care to all of our clients, regardless of your age. We strongly encourage you to talk with your parents about your reproductive healthcare needs.

Q: Do I need an appointment?

A: Since our sites do not have clinics everyday, appointment are required.

Q: How much will it cost me to receive services?

A: Fees are based on a sliding fee scale, however, we do not refuse services to anyone for their inability to pay.
([Back to Top](#))

Q: Will you take my health insurance?

A: We accept all public and private health insurances. We are happy to bill your insurance for your reproductive health services. Depending on your sliding fee code, you may receive a statement for the amount that was not covered by your insurance.

Q: How can I pay for my bill?

A: We accept cash, personal check, and all major credit and debit cards.

Q: Do I need to be a legal U.S. resident to receive services?

A: No, patients can receive services regardless of their residency status.
([Back to Top](#))

Q: What do I need to bring to my appointment?

A: We do not require you to bring any proof of income. If you have insurance, please bring your insurance card with you to each visit.

Q: I missed my birth control pill yesterday, what should I do?

A: Whenever you forget to take your pill, you should take it as soon as you remember. You should take your next pill at the regular time. If you are taking your regular pill and realize you have missed yesterday's pill, then take both pills at the same time. If you miss two or more pills in a row, take two pills a day until you have caught up and then return to taking one pill a day at your regular time. We encourage you to use condoms or abstain from intercourse for at least 7 days. You are at increased risk for getting pregnant if you have unprotected intercourse when you miss a pill. If your next period is late, we encourage you to do a home pregnancy test or schedule for an appointment with our clinic to do a pregnancy test.

[\(Back to Top\)](#)

Q: Can I get pregnant if I have unprotected intercourse while I am on my sugar pills?

A: As long as you have been taking your active birth control pills correctly and consistently, you are still protected from pregnancy during your inactive week.

Q: What is emergency contraception?

A: Emergency contraception is a form of birth control for women who have had unprotected intercourse . It may be taken within 120 hours after unprotected intercourse, however, it is most effective within the first 72 hours. Emergency contraception can help prevent pregnancy by delaying ovulation. This is not an abortion pill, so it will not work if you are already pregnant. Emergency contraception is available at our clinics. If you are 17 and older, you may also obtain emergency contraception without a prescription from a pharmacist.

[\(Back to Top\)](#)

Q: Can I get my birth control pills at the Health Department and my exam from my regular doctor?

A: You may receive your exam from your regular doctor, however, our nurse practitioner will need to visit with you to review your most recent exam so she can write an order for your birth control.

Q: I had unprotected intercourse 4 days after I was treated for Chlamydia. Is it possible my partner was infected?

A: You should report it to the provider who is treating you. Your partner may have been infected since your treatment may have not cured your infection yet.

Q: I am having abnormal discharge. What should I do?

A: If you are having abnormal discharge, we recommend you to call your doctor or our clinic to make an appointment for a STI screening. This may be a symptom of an STI.

[\(Back to Top\)](#)